

Face Diagnosis and the Monolux Light Therapy

The treatment of organ dysfunction with monochromatic light on specific areas of the face

The Face Diagnosis, a method of deriving specific symptoms from the facial skin is equivalent to the Pathphysiognomik by Natale Ferronato. The Monolux Therapy was founded together with the NPSO (New Selective Pain and Organ Therapy) by Rudolf Siener. As a longtime connoisseur of both systems, the author has employed the idea that the specific areas of the Face Diagnosis Treatment must be accessible with monochromatic light.

The NPSO or Siener-Therapy is an independent therapy system and is understood as an energetic reflexology therapy. The doctor (deceased in 1993) Rudolf Siener, left this very effective method to successfully and quickly treat pain and other ailments. The somatotope used for this treatment can be found on the lower leg, which represents the entire body. Dr. Jochen Gleditsch pointed this out in his book "Maps - micro-acupuncture point systems".

Prof. Ernst Schaack has considered almost all of the concerns and desires of Siener Therapists for over 20 years for the development of an expanded therapy system and in order to create a photo-biological treatment with monochromatic luminescence light (Monolux). Schaack's different approach to other light therapy systems is the combination of the effective factors of light, color and magnetic frequencies. As a comparison, one could think of the Complex Homeopathy.

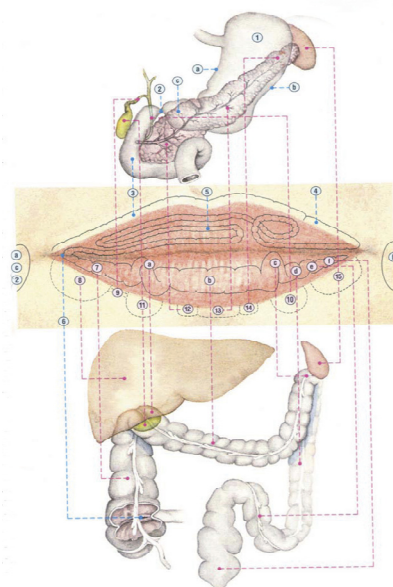
Where formerly pain was treated with procaine injections or acupuncture needles – today we treat with light in a more gentle and effective way.

The experience of the 20-year practice of the author with the NPSO and extremely high percentages of immediate treatment success, which can publicly be demonstrated and proven at all times, led the author to transfer this therapy to those known face areas of the Pathophysiology, in the sense of a new somatotope.

The author began his studies with the expression areas for the stomach, duodenum, gall bladder, biliary tract, autonomic nervous system, the urinary tract, genital organs and the heart. These areas were treated with the Monolux (fw = color changer) for about 20 to 60 seconds. The previous results encouraged the author to report these at special events as well as inspired a book project. It has been shown that monochromatic light unfolds a very fast therapeutic effect on those organs, which can be seen in the corresponding facial areas. The therapeutically effective pulse reaches the target organ

probably on the opposite manner via the trigeminal nerve (V, the fifth cranial nerve) with the speed of light, possibly similar to that in the Neural Therapy known as "Seconds Phenomenon".

For example, by irradiating the nasolabial fold,



1) stomach, a) small curvature of the stomach, b) large curvature of the stomach, c) anteroom of the pylorus, (2) porter, (3) duodenum, (4) the small intestine, jejunum, (5) the small intestine, ileum, (6) ileocecal valve

(7) ascending colon, a) right colon bend, b) colon cross section, c) left colon curvature, d) descending colon, e) sigma loop, f) ampoule of the rectum, (8) liver, (9) cystic duct, (10) deriving bile duct, (11) gallbladder, (12) pancreas, head, (13) pancreas, body, (14) pancreas, tail, (15) spleen

Figure 1: Digestive System (from: Atlas of Pathophysiology, Kürbis Publishing)

Cardiac function can be supported or by irradiation of the central region below the lower lip, the exocrine pancreatic function can be stimulated.

Who once had eased acute abdominal pain like cramps or congestive pain in minutes by only irradiating the region of the lip and the top of the nose, does not question this at all and becomes a true believer.

Because of the painless and pleasant implementation, it is also loved by children.

The condition for the treatment of facial areas is of course the differentiated knowledge of the Pathophysiology, the teaching of the organ- and function-specific symptoms in the face. Therefore changes of the facial skin point to changes of the corresponding organ. Each organ has an exact expression zone in the face, which Natale Ferronato has found in his 60 years of research. These signs of weakness exist long before a symptom is reported and change with the constitution of the corresponding organ. This makes a therapy development control for a trained observer possible.



Figure 2: Facial area for the digestive system (swellings on left and right under the lower lip = bile ducts)

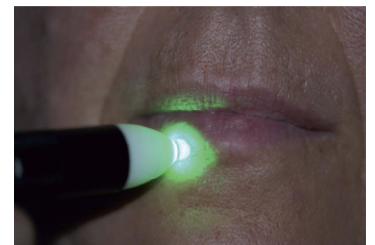


Figure 3: Treatment of the bile ducts

According to the valuable indications given from the Face Diagnosis, the therapist is able to put therapeutic stimuli to the specific facial areas.

Especially since one knows that organs and cells react differently to colors and the body processes and records frequencies individually different, many treatment approaches can be produced by the creative color change treatment.

The therapy of acute complaints with this combination of methods is pretty simple.

Clearly recognizable signs in the Face Diagnosis of the affected facial areas can be directly treated. This procedure may, moreover, be applied to other somatotopic and appropriate signs for pathological changes (e.g. on the foot). With symptoms without such signs, one

can easily work with the NPSO somatotope of the lower leg. Further are two practical examples to illustrate this:

Case 1

Symptoms

Sudden abdominal cramps occurred in a middle-aged patient of otherwise good health - first in the upper abdomen then in the umbilical cord region - which after closer observation happened rarely, about twice a year, usually after eating unhealthy choices.

Face Diagnosis

We observe a pale or reddened hem at the top edge of and/or underneath the lip as well as a swelling under the lower lip on the right and/or left. The lip surfaces are irregularly red.

Suspected Diagnosis

Disruption of the intestinal blood flow with mucous membrane irritation and bile duct involvement in the sense of an enteritis and biliary dyskinesia.

Therapy

The distinctive facial areas are irradiated with the Monolux Pen (fw = color changer) after one another, each with a whole color change cycle, which takes about 60 seconds per point or small area. This can be carried out several times in succession until there is either a reaction of the patient or one can detect a change in the facial areas.

Case 2

Symptoms

During a holiday flight a child reacts with an excruciating earache, which cannot be remedied by swallowing movements and pressure compensation.

Face Diagnosis

There are no detectable signs, which are associated with the acute symptoms.

Suspected Diagnosis

The suspicion of a draft-induced otitis can be thought of.

Therapy

Monolux Therapy according to the rules of the NPSO on the therapy areas of the ENT (eustachian tube, head lymph, paranasal sinuses) and upper cervical spine.

Both practice cases could quickly and successfully be treated. Therefore the light therapy can also be applied effectively if no specific reference to a pathological change in the facial area (or other somatotope) exists. Certainly more tests, practice studies and long-term observations will bring new findings. This method will similarly to the NPSO, in my opinion, grow by itself and its users. With high probability will it achieve acceptance in practice, both with therapists and patients, who are able to learn and apply this method as well.

The NPSO somatotope on the lower leg, as well as all other known somatotopes (e.g. the foot reflexology or ear acupuncture) can be treated with this method.

A new outlook is that one can immediately and directly go from the Face Diagnosis to the Light Therapy with the Monolux and treat noticeable zones of this somatotope.

Conclusion

This extremely smooth, with few side effects and cost-effective Light Therapy, which is still at the beginning of its development, has in the



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Established his private practice in 1984 with the focus on complementary diagnostic methods and energetic therapy forms. From an early age on he was familiar with the Practice of Human Knowledge by Carl Huter (Psychophysiognomik). In 1992 he met Natale Ferronato, whose diagnostic and therapy system (Pathophysiognomik and Radiästhesie) he has ever since integrated in his daily practice. The NPSO has also been part of his treatment repertoire for the past 20 years, which he intensely talks about as a lecturer. Since 2004, he passes on his knowledge of the Psychophysiognomik by Carl Huter and the Pathophysiognomik by Natale Ferronato in systematically completed and by the VDH certified training programs.

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opinion of the author good prospects of brilliantly expanding the spectrum of the Regulation Therapy. This method is based on medical experience in the original sense.

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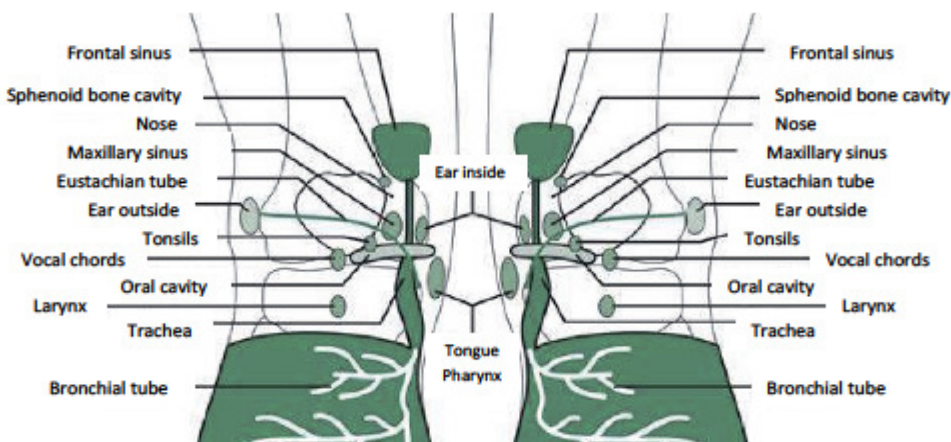


Figure 4: Graphic NPSO head and airways

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